

## Appendix 3 Summer Competition Rules

All FIFA rules apply outside of the following modifications:

- Only six (6) players are on the field at any one time.
- Unlimited interchange. (During play is permitted)
- A goal can only be scored by kicking the ball from outside the semi circle.
- If a player is inside the semi circle he/she has the following options:
  1. Head the ball into the goal, or
  2. Kick or pass the ball outside the semi circle and then a goal may be scored.
- If a player kicks a goal from inside the semi circle then a free kick is awarded to the defending team.
- The goal Keeper may not throw, kick or by any other means, the ball over the half way line on the full. This is the same from a goal kick, penalty inside the circle or a kick out into play. (This rule is in place because of the small field sizes).
- Should the above rule be broken a free kick to the opposite team on the half way line close to where the ball landed is awarded.
- No offside rule is in place. However, it is not good sportsmanship to place players up close too the opposing goal keeper and this should bring on a warning.
- If a goal is scored by a player who would normally be considered to be in an offside position (very obvious) then the goal should be disallowed.
- Red & Yellow cards can still be used for the most serious of incidents.
- 2 x 20 minute halves with a 5 minute break at half time will be played.
- All Free Kicks are indirect, so they must touch another player before scoring a goal.
- No player is allowed to slide at the ball or tackle. If a player goes to ground trying to play the ball or slides, an indirect free kick is given.

Referees must ensure that the Team Sheets presented by Teams have been signed and stamped by the administrator prior to commencement. The signature will indicate to Referees that the Teams have fully paid prior to play.

No team will take to the field without:

1. A completed team sheet all players having signed, and
2. The administrator's signature showing the team has paid fully.

This competition is a means to maintain fitness over the summer months and should be played and refereed with fun in mind at all times.